

Bioclimatic indexes for environmental applications

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Proposed systems for rating heat stress and strain (heat stress indices)

Year	Index	Author(s)
1905	Wet-bulb temperature (T_w)	Haldane ¹⁹⁾
1916	Katathermometer	Hill <i>et al.</i> ⁴⁷⁾
1923	Effective temperature (ET)	Houghton & Yaglou ²³⁾
1929	Equivalent temperature (T_{eq})	Dufton ⁴⁸⁾
1932	Corrected effective temperature (CET)	Vernon & Warner ²⁴⁾
1937	Operative temperature (OpT)	Winslow <i>et al.</i> ⁴⁹⁾
1945	Thermal acceptance ratio (TAR)	Ionides <i>et al.</i> ⁵⁰⁾
1945	Index of physiological effect (E_p)	Robinson <i>et al.</i> ⁵¹⁾
1946	Corrected effective temperature (CET)	Bedford ⁵²⁾
1947	Predicted 4-h sweat rate (P4SR)	McArdel <i>et al.</i> ⁵³⁾
1948	Resultant temperature (RT)	Missenard <i>et al.</i> ⁵⁴⁾
1950	Craig index (I)	Craig ⁵⁵⁾
1955	Heat stress index (HSI)	Belding & Hatch ⁷⁾
1957	Wet-bulb globe temperature (WBGT)	Yaglou & Minard ²⁵⁾
1957	Oxford index (WD)	Lind & Hellon ³⁴⁾
1957	Discomfort index (DI)	Thom ³⁶⁾
1958	Thermal strain index (TSI)	Lee & Henschel ⁵⁶⁾
1959	Discomfort index (DI)	Tennenbaum <i>et al.</i> ³⁹⁾
1960	Cumulative discomfort index (CumDI)	Tennenbaum <i>et al.</i> ³⁹⁾
1962	Index of thermal stress (ITS)	Givoni ⁵⁸⁾
1966	Heat strain index (corrected) (HSI)	McKarns & Brief ⁵⁹⁾
1966	Prediction of heart rate (HR)	Fuller & Brouha ⁶⁰⁾
1967	Effective radiant field (ERF)	Gagge <i>et al.</i> ⁶¹⁾
1970	Predicted mean vote (PMV)	Fanger ⁹⁾
	Threshold limit value (TLV)	
1970	Prescriptive zone	Lind ⁶²⁾
1971	New effective temperature (ET*)	Gagge <i>et al.</i> ⁶³⁾
1971	Wet globe temperature (WGT)	Botsford ⁶⁴⁾
1971	Humid operative temperature	Nishi & Gagge ⁶⁵⁾
1972	Predicted body core temperature	Givoni & Goldman ⁶⁶⁾
1972	Skin wettedness	Kerslake ⁶⁷⁾
1973	Standard effective temperature (SET)	Gagge <i>et al.</i> ⁶⁸⁾
1973	Predicted heart rate	Givoni & Goldman ⁶⁹⁾
1978	Skin wettedness	Gonzales <i>et al.</i> ⁷⁰⁾
1979	Fighter index of thermal stress (FITS)	Nunneley & Stribley ⁷¹⁾
1981	Effective heat strain index (EHSI)	Kamon & Ryan ⁷²⁾
1982	Predicted sweat loss (m_{sw})	Shapiro <i>et al.</i> ⁷³⁾
1985	Required sweating (SW_{req})	ISO 7933 ⁷⁴⁾
1986	Predicted mean vote (modified) (PMV*)	Gagge <i>et al.</i> ⁷⁵⁾
1996	Cumulative heat strain index (CHSI)	Frank <i>et al.</i> ⁷⁶⁾
1998	Physiological strain index (PSI)	Moran <i>et al.</i> ⁷⁷⁾
1999	Modified discomfort index (MDI)	Moran <i>et al.</i> ⁷⁸⁾
2001	Environmental stress index (ESI)	Moran <i>et al.</i> ⁷⁹⁾
2005	Wet-bulb dry temperature (WBDDT)	Wallace <i>et al.</i> ⁸⁰⁾
2005	Relative humidity dry temperature (RHDT)	Wallace <i>et al.</i> ⁸⁰⁾

Effective temperature [Missenard, 1955]:

$$\mathcal{E}T = t - 0,4(t - 10)(1 - f / 100)$$

Equivalent-effective temperature [Aizenshtadt, 1987]:

$$\begin{aligned} \mathcal{E}T = t & [1 - 0,003 * F] - 0,385V^{0,59} [(36,6 - t) + 0,622(V - 1)] + \\ & [(0,0015V + 0.008)(36,6 - t) - 0,0167] F \end{aligned}$$

Apparent temperature [Steadmen, 1994] (Australia):

$$AT = t + 0,33e - 0,70V - 4$$

Heat Index, (USA):

$$\begin{aligned} HI = & -42,379 + 2,04901523t + 10,14333127f - 0,22475541t * f - \\ & 0,00683783t^2 - 0,05481717f^2 + 0,00122874t^2 + 0,00085282T * f^2 \\ & - 0,00000199t^2 f, (8) \end{aligned}$$

Variables for HIS (Heat Stress Index)

[Jill D.Watts, L.S.Kalkstein, 2004]

- ◆ **Maximum and Minimum Apparent Temperature**
- ◆ **Mean Cloud Cover** (average hourly cloud cover from 10AM to 6PM).
- ◆ **Cooling Degree Hours** (sum of hourly degrees over 18.3 degrees apparent temperature for 24 hour period).
- ◆ **Consecutive Day Count**, since the same oppressive weather for several consecutive days increases human health risks (day counted when mean daily apparent temperature is at least 1 standard deviation above the mean).

The steps necessary to create HIS:

Run Steadman's AT algorithm hourly

Determine ATMAX
and ATMIN

Calculate CCMEAN,
CDD, and CONS

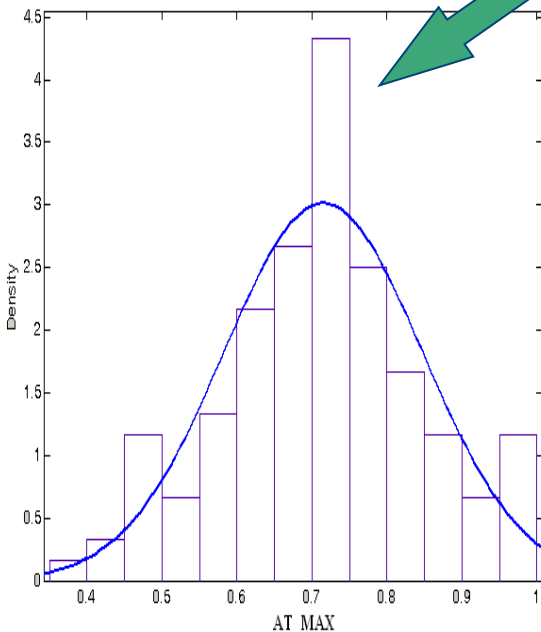
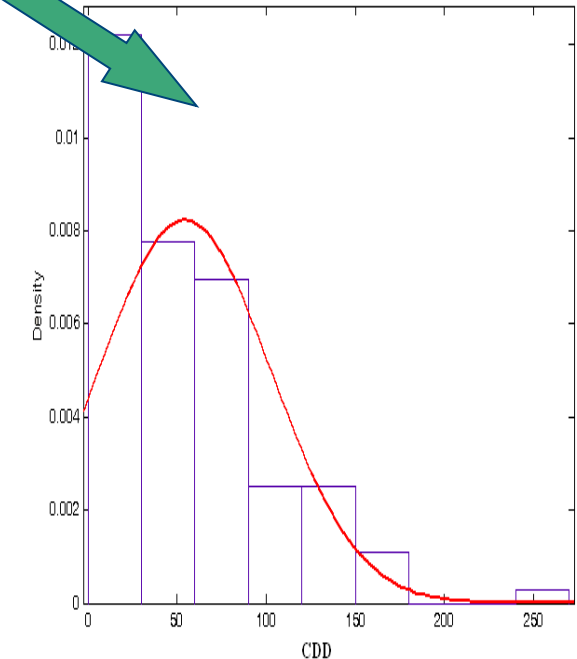
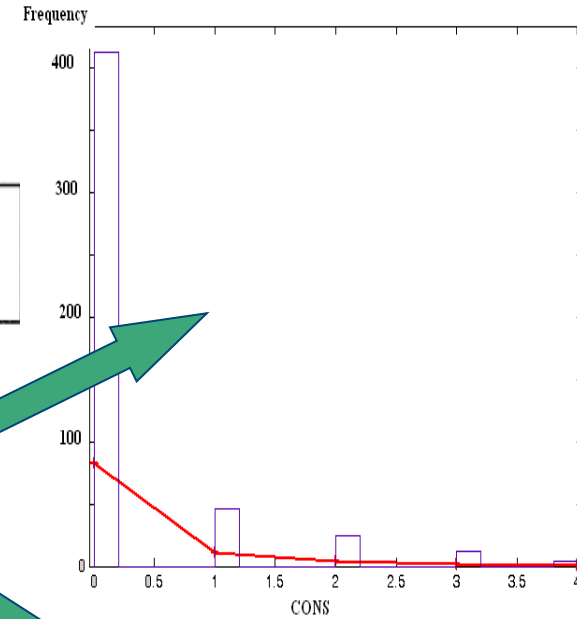
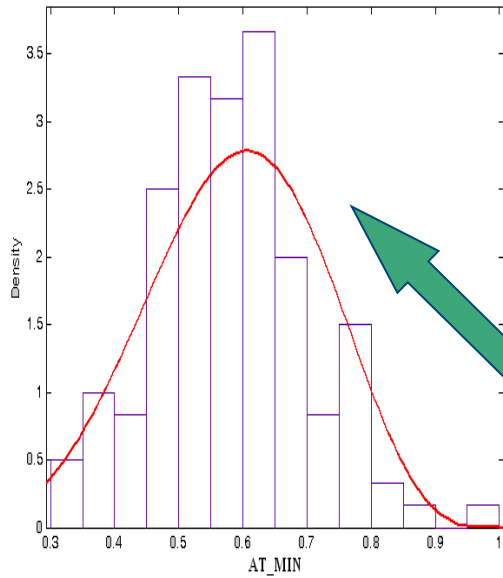
Fit distribution to each variable

Determine daily value under
distribution curve for each variable

Sum daily values for each variable

Fit distribution to summed values

Determine each day's location
under the curve

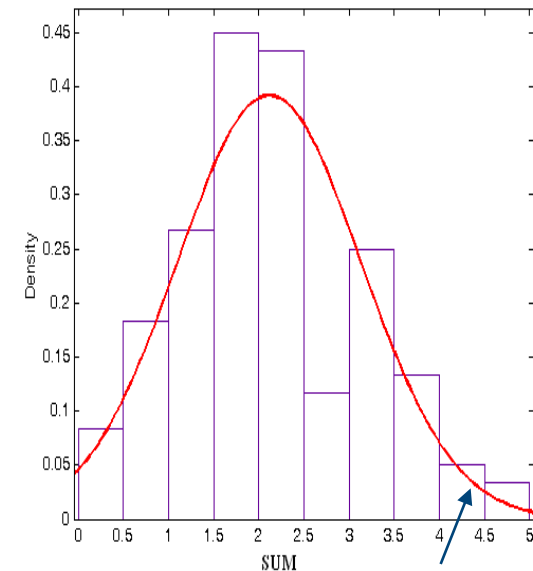


Method: Summation of Variables.

This is an example using Moscow on July 28, 2010.

$$\text{Sum} = \text{At max} + \text{At min} + \text{CDD} + \text{Cons Day} + (1 - \text{CC mean})$$

Variable	Data	Percentage
AT_MAX	42.2 °C	0.990
AT_MIN	32.2 °C	0.999
CDD	178 °C	0.92
CCMEAN	3.46	0.44
Cons_day	1	0.81
	SUM	4.29



4.29 represents the 95th percentile

The final HSI value is expressed as a percentile. Summing the percentiles for the five variables yields a final distribution and a final percentile. In this case, the HSI for Moscow for July 28, 2010 is 9.5 (converted from the 95th percentile).

The daily HIS value ranges:

9.6-10.0 EXTREME
9.0-9.5 HIGH
7.0-8.9 MODERATE
4.0-6.9 LOW
0.0-3.9 NONE

Forecast capabilities:

Spatial distribution of
first-order weather stations
throughout European Russia





Thanks for attention!